

# E-Safety Tips

brook

[www.brook.org.uk](http://www.brook.org.uk)

**1.** If you are not sure about a website, ask a parent, carer teacher or an adult you trust if its safe

**2.** If someone asks to be your friend on the internet, ask a parent, carer teacher or an adult you trust if its safe

**3.** If you want to put some pictures on the internet, ask a parent, carer teacher or an adult you trust if its safe

**4.** If someone makes you feel uncomfortable, talk to parent, carer teacher or an adult you trust

**5.** If someone asks you to meet them, never go, tell a parent, carer teacher or an adult you trust. Go to [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) for more info



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